



Rocky Mountain Analytical®
Changing lives, one test at a time

120+ IgG Antigens List

Almond	Cranberry	Parsley
Alpha-Lactalbumin (Whey)	Cucumber	Pea
Apple	Cumin	Peach
Apricot	Dill	Peanut
Asparagus	Duck	Pear
Avocado	Durum Wheat	Peppers (Mixed)
Banana	Egg White	Peppercorns (Black/White)
Barley	Egg Yolk	Pineapple
Basil	Eggplant	Pistachio
Bean (Green/String)	Garlic	Plaice
Bean (Kidney)	Ginger	Plum
Bean (White Haricot)	Gliadin	Pork
Beef	Grape	Raspberry
Beetroot	Grapefruit	Rice
Beta-Lactoglobulin (Whey)	Haddock	Rye
Blackberry	Hazelnut	Sage
Blackcurrant	Herring	Salmon
Brazil nut	Hops	Scallop
Broccoli	Kiwi	Sesame Seed
Brussels Sprout	Lamb	Shrimp/Prawn
Buckwheat	Leek	Sole
Cabbage (Savoy/White)	Lemon	Soy Bean
Cane Sugar	Lentil	Spinach
Canola	Lettuce	Strawberry
Carob	Lime	Sunflower Seed
Carrot	Lobster	Swordfish
Casein	Mackerel	Tea (Black)
Cashew Nut	Melon (Honeydew)	Tea (green)
Cauliflower	Milk (Cow)	Thyme
Celery	Milk (Goat)	Tomato
Cherry	Milk (Sheep)	Trout
Chicken	Millet	Tuna
Chicory	Mint	Turbot
Chili (Red)	Mushroom	Turkey
Cinnamon	Mussel	Vanilla
Clove	Mustard Seed	Veal
Cocoa Bean	Nectarine	Venison
Coconut	Nutmeg	Walnut
Cod	Oat	Wheat
Coffee	Olive	Wheat Bran
Coriander (Leaf)	Onion	Yeast (Baker's)
Corn (Maize)	Orange	Yeast (Brewer's)
Crab	Oyster	

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200+ IgG Antigens List

Agar Agar

Almond

Aloe Vera

Alpha-Lactalbumin (Whey)

Amaranth

Anchovy

Aniseed

Apple

Apricot

Artichoke

Arugula

Asparagus

Avocado

Banana

Barley

Barnacle

Basil

Bass

Bayleaf

Bean (Broad)

Bean (Green/String)

Bean (Kidney)

Bean (White Haricot)

Beef

Beetroot

Beta-Lactoglobulin (Whey)

Blackberry

Blackcurrant

Blueberry

Brazil nut

Broccoli

Brussels Sprout

Buckwheat

Cabbage (Red)

Cabbage (Savoy/White)

Camomile

Cane Sugar

Canola

Caper

Carob

Carp

Carrot

Casein

Cashew Nut

Cauliflower

Caviar

Cayenne

Celery

Chard

Cherry

Chestnut

Chicken

Chickpea

Chicory

Chili, Red

Cinnamon

Clam

Clam (razor)

Clove

Cockle

Cocoa Bean

Coconut

Cod

Coffee

Cola Nut

Coriander

Corn (Maize)

Couscous

Crab

Cranberry

Cucumber

Cumin

Curry

Cuttlefish

Date

Dill

Duck

Durum Wheat

Eel

Egg White

Egg Yolk

Eggplant

Espaguette

Fennel (Leaf)

Fig

Flax Seed

Garlic

Ginger

Ginkgo

Ginseng

Gliadin

Goat

Grape

Grapefruit

Guava

Haddock

Hake

Hazelnut

Herring

Honey

Hops

Horse

Kiwi

Lamb

Leek

Lemon

Lentil

Lettuce

Lime

Liquorice

Lobster

Lychee

Macadamia Nut

Mackerel

Malt

Mango

Marjoram

Melon (Honeydew)

Milk (Buffalo)

Milk (Cow)

Milk (Goat)

Milk (Sheep)

Millet

Mint

Monkfish

Mulberry

Mushroom

Mussel

Mustard Seed

Nectarine

Nettle

Nutmeg

Oat

Octopus

Olive

Onion

Orange

Ostrich

Ox

Oyster

Papaya

Parsley

Partridge

Pea

Peach

Peanut

Pear

Pepper (Mixed)

Peppercorn

Peppermint

Perch

Pike

Pine Nut

Pineapple

Pistachio

Plaice

Plum

Polenta

Pomegranate

Pork

Potato

Quail

Quinoa

Rabbit

Radish

Raisin

Raspberry

Redcurrant

Rhubarb

Rice

Rosemary

Rye

Saffron

Sage

Salmon

Sardine

Scallop

Sea Bream (Gilthead)

Sea Bream (Red)

Sesame Seed

Shallot

Shrimp/Prawn

Snail (Winkle)

Sole

Soy Bean

Spelt

Spinach

Spirulina

Squash (Butternut)

Squash (Summer)

Squid

Strawberry

Sunflower Seed

Sweet Potato

Swordfish

Tangerine

Tapioca

Tarragon

Tea (Black)

Tea (Green)

Thyme

Tiger Nut

Tomato

Transglutaminase

Trout

Tuna

Turbot

Turkey

Turnip

Vanilla

Veal

Venison

Wakame

Walnut

Watercress

Watermelon

Wheat

Wheat Bran

Wild Boar

Yeast (Baker's)

Yeast (Brewer's)

Yucca

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160+ Vegetarian IgG Antigens List

Agar Agar	Cherry	Lime	Raspberry
Almond	Chestnut	Liquorice	Redcurrant
Aloe Vera	Chickpea	Lychee	Rhubarb
Alpha-Lactalbumin (Whey)	Chicory	Macadamia Nut	Rice
Amaranth	Chili. Red	Malt	Rosemary
Aniseed	Cinnamon	Mango	Rye
Apple	Clove	Marjoram	Saffron
Apricot	Cocoa Bean	Melon (Honeydew)	Sage
Artichoke	Coconut	Milk (Buffalo)	Sesame Seed
Arugula	Coffee	Milk (Cow)	Shallot
Asparagus	Cola Nut	Milk (Goat)	Soy Bean
Avocado	Coriander (Leaf)	Milk (Sheep)	Spelt
Banana	Corn (Maize)	Millet	Spinach
Barley	Couscous	Mint	Squash (Butternut)
Basil	Cranberry	Mulberry	Squash (Summer)
Bayleaf	Cucumber	Mushroom	Strawberry
Bean (Broad)	Cumin	Mustard Seed	Sunflower Seed
Bean (Green/String)	Curry	Nectarine	Sweet Potato
Bean (Kidney)	Date	Nettle	Tangerine
Bean (White Haricot)	Dill	Nutmeg	Tapioca
Beetroot	Durum Wheat	Oat	Tarragon
Beta-Lactoglobulin (Whey)	Egg White	Olive	Tea (Black)
Blackberry	Egg Yolk	Onion	Tea (green)
Blackcurrant	Eggplant	Orange	Thyme
Blueberry	Fennel (Leaf)	Papaya	Tiger Nut
Brazil nut	Fig	Parsley	Tomato
Broccoli	Flax Seed	Pea	Transglutaminase
Brussels Sprout	Garlic	Peach	Turnip
Buckwheat	Ginger	Peanut	Vanilla
Cabbage (Savoy/White)	Ginkgo	Pear	Walnut
Cabbage (Red)	Ginseng	Peppercorns	Watercress
Camomile	Gliadin	Peppermint	Watermelon
Cane Sugar	Grape	Peppers (Mixed)	Wheat
Canola	Grapefruit	Pine Nut	Wheat Bran
Caper	Guava	Pineapple	Yeast (Baker's)
Carob	Hazelnut	Pistachio	Yeast (Brewer's)
Carrot	Honey	Plum	Yucca
Casein	Hops	Polenta	
Cashew Nut	Kiwi	Pomegranate	
Cauliflower	Leek	Potato	
Cayenne	Lemon	Quinoa	
Celery	Lentil	Radish	
Chard	Lettuce	Raisin	

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